### **CLARA'S COLLEGE OF COMMERCE** Yari Road, Versova, Mumbai-400061

### **Notice**

### The \*INTERNAL QUALITY ASSURANCE CELL (IQAC) OF CLARA'S COLLEGE OF COMMERCE\* is organizing 'WEBINAR ON BUILD FORWARD STRONGER (A FUTURE VISION FOR PHYSICAL ACTIVITY, FITNESS, AND HEALTH) for all students on 3rd September 2021.

This webinar is conducted to generate importance of sports among students in their day-to-day life. As part of the celebration of National Sports Day.

👤 🤦 National Sports' Day in India is celebrated every year on 29th August, 2021.

\*Registration and Participation starts from 1st September, 2021 to 3rd September, 2021 10 am.

Mode: Zoom Platform: - ZOOM link will be provided on the day of the program.

Registration for the webinar is free

Registration Link

https://forms.gle/LRrfNRxzUvep8Fh49

Register in advance for this meeting:

Zoom link for the webinar



https://us02web.zoom.us/meeting/register/tZYqcu-hrzkjHtVd1e\_j0zwRLJ5Ybx0pZSPH

Date - 3rd September, 2021. Time - 10am to 11am.

Name of the speaker - Mr. LIYAKAT ALI LAMBE

### **ORGANIZING COMMITTEE**

1. Prof. Shweta Shirode 3. Prof. Poonam Lad

### **ACTIVITY IN CHARGE**

Prof. Shweta Shirode

Thanks & Regards Dr. Madhukar Gitte Principal Clara's College of Commerce Versova Andheri

# CLARA'S COLLEGE OF COMMERCE (ALL DEPARTMENT WITH IQAC) ORGANISES



**WEBINAR ON BUILD FORWARD STRONGER** 

(A FUTURE VISION FOR PHYSICAL ACTIVITY, FITNESS, AND HEALTH)

On Account of

'NATIONAL SPORTS DAY'



**SPEAKER - LIYAKAT ALI LAMBE** 

A licensed Athletics Coach, Certified by AFI in association with IAAF - Li 39822.

He holds a Bachelor's Degree in Physical Education from Mumbai University

Also, a certified Personal Trainer from K11 and a Certified Strength and Conditioning Specialist.

He is a National Gold Medalist in Ten Pin Bowling and a former state & district level athletics champion.



DATE - 3rd September, 2021

Time – 10 am – 11 am

Venue – ZOOM APP



### ORGANISING COMMITTEE

- 1. Prof. Shweta Shirode
- 2. Prof. Poonam Lad

## SPORTS DAY

### **ACTIVITY INCHARGE**

1. Prof. Shweta Shirode

## Dr. Madhukar Gitte (Principal)

CLARA'S COLLEGE OF COMMERCE